

APRIL  
2025

Litera Valley School, Patna

CREATIVE MAGAZINE

# LITERATI

Issue - 6

[literavalleyschool.in](http://literavalleyschool.in)



# EDITORIAL

Dear Readers,

"Success is the sum of small efforts, repeated day in and day out."

– Robert Collier

The start of a new session is always a time of anticipation, a time when the air is filled with the promise of growth and possibility.

As we open the first page of a brand new academic session, it fills me with immense pride to share the new edition of our Online Creative Magazine – LITERATI. This edition is not just a collection of words and images; it's a celebration of new beginnings, fresh dreams, and the boundless possibilities that await us in this new chapter.

The journey that we embarked on in the last session was one of growth, collaboration, and unwavering commitment. Together, we created something truly special – a magazine that resonated with the spirit of our school and the voices of each individual in our vibrant community.

The success of the previous session's editions has not only been a reflection of our hard work but also a testament to the strength and creativity of our collective efforts.

This year, let us aim to surpass our previous achievements, to dream bigger, and to push beyond the boundaries of what we thought possible. All articles, poems, stories, paintings, art works and photographs you contribute are important parts of this journey, and I encourage you to take full ownership of the role you play in this creative process.

Together, let's make this session a celebration of new ideas, new beginnings, and boundless possibilities. Here's to another year of success, learning, and the pursuit of excellence!

Warm regards

Rupali Chakraborty

PGT- English

(Chief Editor)





# READ YOUR WAY TO DIFFERENT CORNERS OF THE WORLD

## The advantage of having an edge over the rest!!

**“The more that you read, the more things you will know. The more that you learn, the more places you’ll go.” – Dr . Seuss.... because ....“That’s the thing about books. They let you travel without moving your feet.” - Jhumpa Lahiri**

Do you recall the first book you read? Or do you remember the last book you read? Are articles of interest to you? And what about the newspaper? Does it interest you? Are you addicted to reading? Answer these questions!! They are no-brainers as the thoughts you get while answering them are simple. And if you are unable to find the answers, better pick up a book and then the wonders of reading will settle in your hearts and souls to drive you on the road to discovery and wonder.

Whether you relish narratives, fiction books, encyclopedias, or magazines or newspapers, it is undeniable that the advantages of having good reading habits can take an individual ahead of the rest by the sheer exposure one gets by venturing into that corner of the world , which otherwise would be next to impossible to visit.

Imagine visualising the seas and oceans, by the honeycomb of words, the author webs about varied experiences and terrains. So have you given a thought as to what intangible benefits one receives and imbibes with this wonderful reading skills by the sheer realm of diving into the world of books.

Let’s see and feel the best that reaches mankind and shapes the personality:

### **The all-weather friend to ease all the monotony of the mundane**

The best upsides of being a passionate booklover is that it provides a sort of friend, accompanying you on an unknown journey, unravelling a world to wander and exploration. And the bonus, removing boredom in the most engaging manner.

**Enhance Your Cognitive Health: Do you remember the last time you got all your answers incorrect because you were unable to read the question well?**

Certainly, reading is good for the well-being of the brain, too. The benefits are immense and can be listed likewise:

- Learning new things (which builds brain plasticity)
- Sustaining fluid astuteness (the ability to analyse information, solve problems, and make decisions)
- Preventing or delaying the onset of Alzheimer’s disease and dementia
- Reducing stress and anxiety
- Processing emotions
- Promoting better sleep
- Creating well informed individuals

Besides these, reading can guard against intellectual deterioration (abridged aptitude to reminisce, aim, absorb, and pay attention). Regular readers can maintain their cognitive abilities better as they age than those who do not read. They may have slower rates of memory loss and less decline in thinking skills.



### **Reduces Stress**

Reading can be a vigorous way to unblock and escape from the stressors of daily life. Reading fiction, in particular, can improve your mental health and overall well-being.

### **Boosts Intelligence**

Reading can increase your astuteness. The more you read, the more information you ingest. Reading is like exercise for the brain, and the more you use your brain, the better it functions. Just like a well-oiled machine works well with efficiency, a well-read brain processes information with enhanced alertness and improves academic insight.

### **Enhances Social Skills**

Reading can augment your social skills because it gives you examples of social interaction to learn from. Research shows that people who read often have stronger social and behavioural skills compared to non-readers.

### **The Vocabulary Bank**

Like the money you save from the regular pocket money in your piggy bank, the words add to the bank of vocabulary when you make books a part of your consistent efforts, making it a hobby or passion. The best window to the world comes from books, which provide armchair tourism for the refreshment of the heart and soul. And just as you feel elated to use the money from your piggy bank, you will love to use the words from your vocabulary bank, with enhanced articulation of thoughts into words. Mind you, it's not just about how you speak but also about how you can write.

In a nutshell, reading is especially beneficial for children and students when the learning curve is best. Research shows that the sturdier reading skills are in childhood, the more intellectual a person is likely to be. Even if you were not an avid reader in the past, it is never too late to start reading and reaping the benefits of reading. BUT THE BIG QUESTION IS HOW TO START IF YOU ARE A NON-READER? See, the way forward is to take small steps to achieve big goals towards becoming a well-read person, ultimately making you a well-rounded personality:

- Take small steps to start
- Fix a daily time and schedule, even if it is just half an hour
- Start with one page, then two, then four and then a book
- Put the phone away, it is a time stealer
- Avoid distractions
- Pick genres that interest you
- Parents play the role model; little kids follow in their footsteps. Start reading to create the environment
- Join a book club, there would be like-minded choices and conversations
- Stay resilient, you may find it difficult at first, but once you dive into the endless sea of books, there is no looking back



So, what are you waiting for? Create the brain gym for yourself to exercise the most important cognitive part of the human body, remember, reading is a skill and not a talent and a skill can always be developed.

**“So please, oh please, we beg, we pray, go throw your TV (mobile phone) set away, and in its place, you can install a lovely bookshelf on the wall.” - Roald Dahl.**



*Signing off with a few lines:*

### **Train – The Book Journey**

The red, the blue, the green, the pink  
All appeared in just a blink  
The mountains, the valleys, the river brink  
Seemed so clear as in a book I sink !

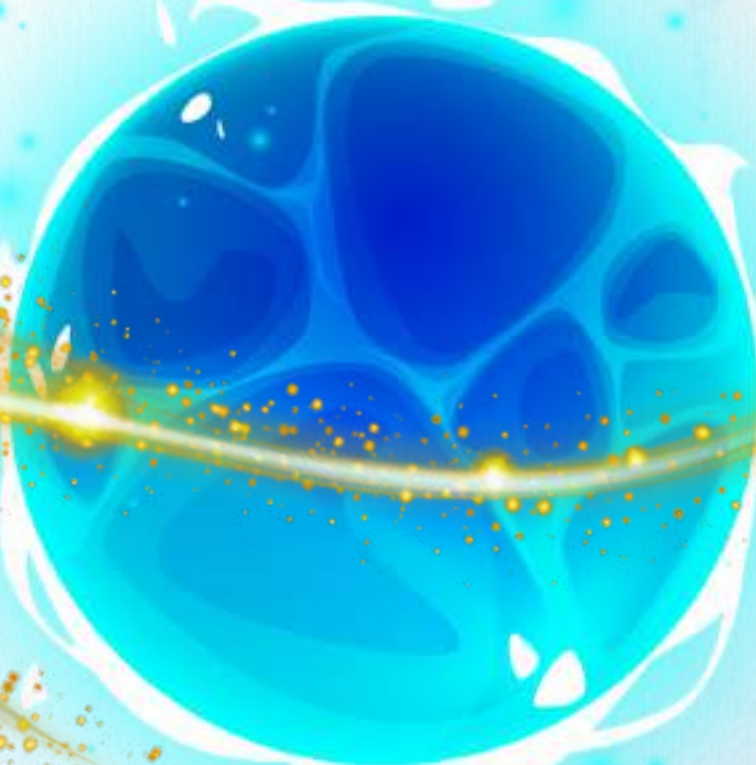
Wordsworth and Tennyson in the poems they wrote  
Shakespeare and Tolstoy brought life to float  
What Harry Potter and Tom Sawyer denote  
Is a life of fantasy and are my moat !

Malgudi days with Swami  
And James Bond with his alchemy  
“The Brook” in a state of merry  
All weave a journey worth each penny!!

Adorn the mind with the wonders of reading  
Quite sure it's full of meaning  
Go around the world in an ENGINE STEAMING  
A train of thoughts to set the mind BEAMING!

- **Moat** : In business, a moat is a company's ability to maintain a competitive advantage over its competitors. Very popular usage in Shark Tank ...Current Season where the Sharks ask, “What is your MOAT?”
- **Alchemy** : A power or process that changes or transforms something in a mysterious or impressive way
- **Train** : Pun Intended

**Sujata Bhadani**  
**Head Mistress**





# The Symphony of Seasons

The wind whispers tales of shifting skies,  
A canvas of colours before our eyes.  
Spring awakens with blossoms bright,  
Scattering petals in morning light.

Summer strides with golden rays,  
Stretching warmth through endless days.  
Fields hum with life, the earth takes pride,  
In nature's bounty, far and wide.

Autumn drapes in amber and gold,  
A quiet beauty, soft and bold.  
Leaves fall gently, a fleeting show,  
Marking time's ever-steady flow.

Winter arrives, serene and stark,  
Wrapping the world in its frosty mark.  
The earth rests still, in silvered peace,  
Awaiting spring's hopeful release.

Seasons turn, a timeless dance,  
A cycle of change, a fleeting chance.  
To see in each phase, a gift, a sign,  
Of nature's rhythm, divine design.



TIA PRAKASH, 7





# EQUALITY

Maahir Singh, 7

EQUALITY, a word which we have heard frequently in our daily lives. We have heard this from our teachers, our elders and it has often appeared as a question asking us to define "EQUALITY". But what does it actually mean?

EQUALITY is more than a simple definition. It is a unique quality that exists when people work together harmoniously. It does not matter whether the person is a girl or a boy , whether they are poor or rich. Equality is a great quality, but it was a huge problem not only in India but around the world. People had to face discrimination and were even excluded from many jobs due to their colour or caste.

"Equality is the soul of liberty. There is in fact no liberty without it." This is what Frances Wright thought about equality. Equality, in fact, is a great value. If we practice it by not discriminating against anyone based on their gender, appearance or caste, we all will be perfect for each other.





# MAGICAL WORLD

The sun comes up  
The sky is bright.  
The birds take off,  
They take their flight.  
The morning breeze, so soft, and kind,  
Whisper secrets to my mind.

The flowers blossom,  
The grass is green,  
Such bright world,  
I have never seen.  
The clouds roll by so big, so white,  
A fluffy castle, what a sight!

The day is there so full of cheers,  
The laughter, play and joy to share.



Ayansh Agrawal, 7



# NATURE'S WONDERS

Everything's wonderful  
Be it the sun which is bright  
Or the moon light.  
Everything's beautiful,  
The wind that blows  
And on the morning tree, the firefly glows.  
Everything's marvellous,  
Like the cherry blossom petals that fall,  
That later our memories recall.  
Everything's alluring,  
For the beauty that nature holds  
Which is better than that of the gold.



Saumya Singh, 8





# OH MY MOTHER

Oh my mother !

A lady so fierce, yet so funny.

At times bitter, and mostly sweet like honey,

I wondered how poetry ran in my veins,

Until one day when she told me,

She was a poet too in her good old days.



Shanvi Singh, 12

I fear one day she will fade away from my memory,  
but the pages of my diary

Assure me, she will forever remain alive in my poetry.

She is the verses of my poetry

And fills my silent life with a lively melody.



Her presence creates immense glory,

But her eyes narrate an entire story.

I feel there's so much in her to listen and absorb,

But only if we care to put aside our work and job.

Whether it's about giving hope or countless sacrifices,

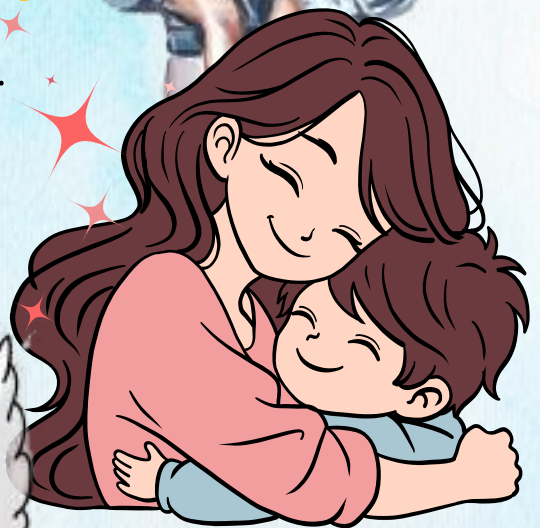
Or spending with me endless sleepless nights.

I wonder what she is built from!

Maybe she too learnt whole caboodle from her very dear mom.

It's hard to say whether she is a part of my life,

Or my life is a part of mother's eyes.



# Peaceful World

The way world is changing,

Every thought of it is scaring,

What if global warming was not a thing?

What if there is no pollution in our living?

These thoughts are too relieving,

But we know the reality,

The world is not safe anymore,

Instead of saying we need to clean this mess,

We need to step up and prioritize cleaning our environment,

Instead of wasting a lot of time on scrolling through social media,

We should travel more and search for more cultural ideas,

Instead of spreading hatred for being cool,

Spread love to be peaceful,

Instead of hurting animals,

Save them and become merciful,

Then, this world can be peaceful.



Mahi Kumari, 12



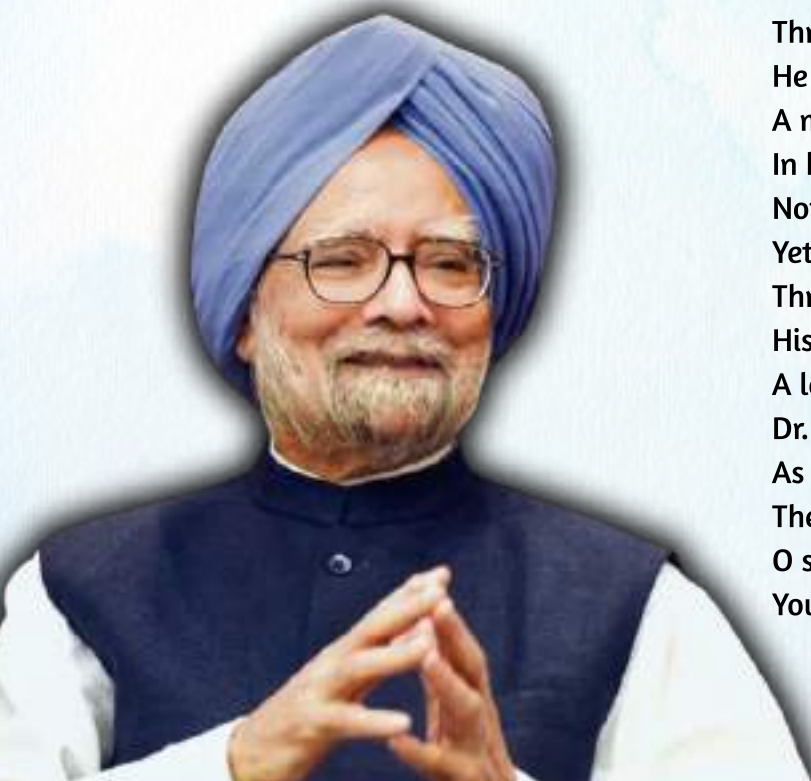


Arnau Raj, 10

# MANMOHAN SINGH: THE VISIONARY OF MODERN INDIA



In the heart of India's turbulent stride,  
Rose a leader, quiet yet dignified.  
A scholar's pen, a statesman's art,  
Dr. Manmohan Singh, a nation's steadfast heart.  
1991—a storm in the skies,  
Economy faltered, despair on the rise.  
He opened the gates, broke the chains,  
Reforms that coursed through economic veins.  
Liberalization's father, he paved the way,  
Global markets welcomed India that day.  
From shackles of debt, he set us free,  
A new dawn rose for our economy.  
His tenure echoed development's song,  
Right to Education made millions strong.  
Under his vision, India took flight,  
The nuclear deal brought global might.  
Rural dreams found a fertile ground,  
In MNREGA, hope was found.  
Through every policy, every decree,  
He built a bridge to prosperity.  
A man of humility, intellect profound,  
In him, integrity always found.  
Not one for theatrics, nor glory's chase,  
Yet his work left an enduring trace.  
Through storms of criticism, he stood tall,  
His service to India outshining all.  
A legacy carved in actions, not show,  
Dr. Singh's greatness continues to glow.  
As we reflect on his path, his tireless will,  
The architect of progress inspires us still.  
O silent hero, with a scholar's might,  
You are India's guiding light.





# IGNORED

Silence shatters, a voice erupts in pain,  
A soul enslaved, emotions in chains.  
Ignored and wounded, a heart cries out loud,  
In the darkness, a desperate voice is proud.

Lies and tension, a toxic storm does brew,  
Cries and screams, lost in the winds, anew.  
From station to station, a searching soul does stray,  
Seeking answers, but finding only disarray.

In the echoes, a voice whispers low and clear,  
"Why am I forgotten? Why no one to hear?"  
But the silence responds, with a haunting, hollow sigh,  
Leaving the soul, to wonder, and ask the sky.



Yeshbi Agrawal, 12



# THAT ERA

A Juvenile-  
Who saw the brightness even in the darkness,  
Who knew how to cherish every jiff of her life,  
Who didn't know what grief and agony was like,  
Who knew that the black colour symbolises power but not mourning;  
Back then.

But now-  
She is somewhere rapt in her thoughts,  
The tangled wires in her brains  
tickles her every now and then making her even more perplexed,  
Leading her to question her persona.

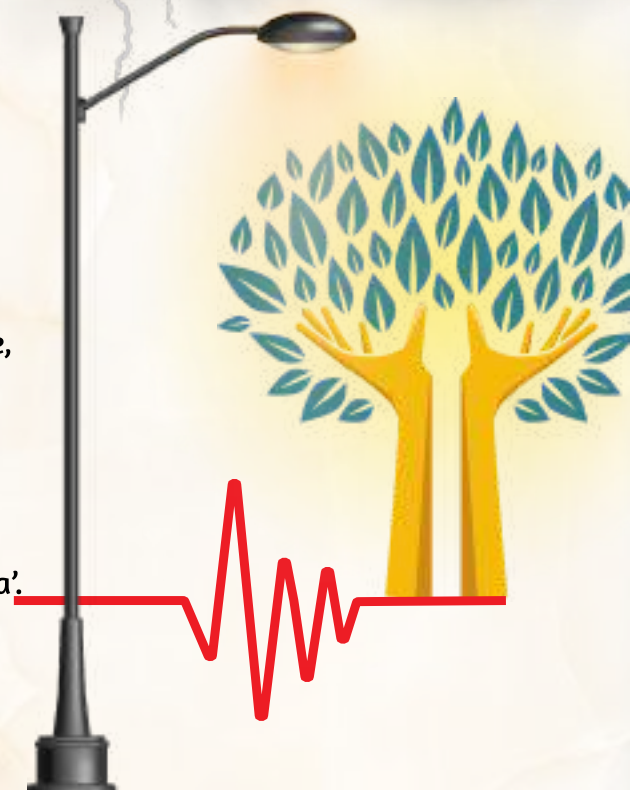
The promenade of life is now no more filled with colours,  
The blurry vision exasperates and distracts,  
The deteriorating health, the new dramatic changes,  
Now she knows, she is in her 'that era'.

She is not like others who let things go with the flow,  
But instead she stood up and distinct herself that-  
Self-deterioration and self-harm will forefront her nowhere,  
But self-care will undeniably.

She has now clenched the lesson of life,  
And comprehend to saunter instead of running.  
She savvies her situation were coped all by herself,  
And indeed knows only she can sanative herself in 'that era'.



Falak Jahan, 12





# No Excuses: The Road to Relentless Success.

What's stopping you?

Are you too tired? Didn't get enough sleep? Feel like you lack energy or time? Are these the excuses holding you back? Or is the real obstacle you? Excuses always sound convincing to the person making them, but remember this: excuses don't get results—actions do. Nobody owes you anything. Success isn't handed out for free. You have to take ownership of your life and maximize the resources and opportunities available to you.



Arnik Mrinal, 10

If you're unhappy with your current situation, stop waiting for someone to save you. Take charge. Change starts with you. If you truly want something, you have to go out and get it.

Excuses are nothing more than fabricated lies we tell ourselves to justify inaction. They aren't real. But the hard truth is this: if someone else is working harder than you, they deserve success more than you do. Effort doesn't go unnoticed. The universe rewards those who prove themselves worthy through relentless work and dedication.

Consider Elon Musk, one of the most influential visionaries of our time. In an interview, he shared that he worked 80 to 100 hours a week to ensure no one outworked him. He wasn't waiting for opportunities to come to him—he created them. His example reminds us that greatness demands sacrifice and perseverance, even in the face of obstacles.


Yes, it's tough. But no success story was ever written without challenges, failures, and setbacks. Every great individual you admire has faced moments of doubt and defeat, yet they pressed on. Their secret? They didn't stop. They didn't quit.

If you're worried about what others might think of you when you stumble, remember this: no one will hand you success, and no one else's opinion will ever determine your destiny. The more they laugh, mock, or doubt you, the more meaning you can extract from proving them wrong. Use their doubt as fuel to keep pushing forward.

In life, you don't get what you wish for—you get what you work for. Wishing and waiting won't take you anywhere. Action will.







As Napoleon Hill once said, “Success requires no apologies, and failure permits no alibis.” Success doesn’t come with excuses, and failure is only final if you quit.

The true definition of failure isn’t falling—it’s staying down. As long as you keep going, you haven’t failed. You only fail when you quit, when you give up on yourself and your potential.

Stand up. Fight. Push through the pain and doubt. Show yourself and the world what you’re capable of achieving. Refuse to let your name be forgotten. Build a legacy that endures.

Remember: “A quitter never wins, and a winner never quits.”

So, no matter how many times you fall, **DON’T STOP**. Keep moving forward. Success is waiting for you—it’s your responsibility to claim it.

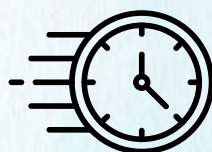
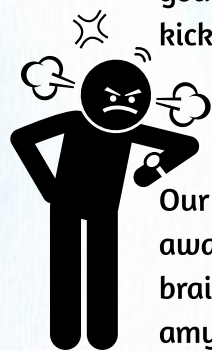
Wishing you unwavering determination, boundless courage, and a future filled with achievement.

## The Psychology of Waiting: Why Time Feels Longer When You're Anxious

Have you ever noticed how time seems to crawl when you're waiting for something important? Whether it's the results of a test, a response to a job application, or even a text from someone special, waiting sometimes feel like everlasting. This isn't just in your head—science explains why time stretches when anxiety kicks in.



**Malya Bhardwaj, 10**



Our perception of time is closely linked to our mental state. Anxiety heightens our awareness, making us hyper-focused on the passing seconds. This response is rooted in the brain’s amygdala, which controls fear and emotional responses. When we’re anxious, the amygdala goes into overdrive, amplifying feelings of uncertainty and stretching our sense of time. In essence, your brain is on high alert, processing every moment as though it were crucial, which makes time seem to slow down.

Interestingly, this effect can be mitigated by how we manage our focus. Studies show that distractions, like listening to music, engaging in a hobby, or even chatting with friends, can reduce the perception of time dragging. People who practice mindfulness or adopt an optimistic outlook also report a more balanced sense of time during stressful waits.

Ultimately, waiting is as much a psychological experience as it is a temporal one. The next time you're caught in the anxiety of waiting, try shifting your attention. Dive into something you enjoy, or remind yourself that the moment will pass. After all, how you perceive time is in your hands!



# Delicious PAV BHAJI

- ½ cup vegetable oil
- 2 teaspoons chopped garlic
- 1 teaspoon finely chopped green chili peppers
- 1 cup chopped onions
- 2 teaspoons grated fresh ginger
- 1 cup chopped roma (plum) tomatoes
- 2 cups cauliflower, finely chopped
- 1 cup chopped cabbage
- 1 cup green peas
- 1 cup grated carrots
- 4 boiled and mashed potatoes
- ¼ cup finely chopped onion
- 3 tablespoons pav bhaji masala
- salt to taste
- 1 tablespoon lemon juice
- 8 (2 inch square) dinner rolls
- ½ tablespoon butter

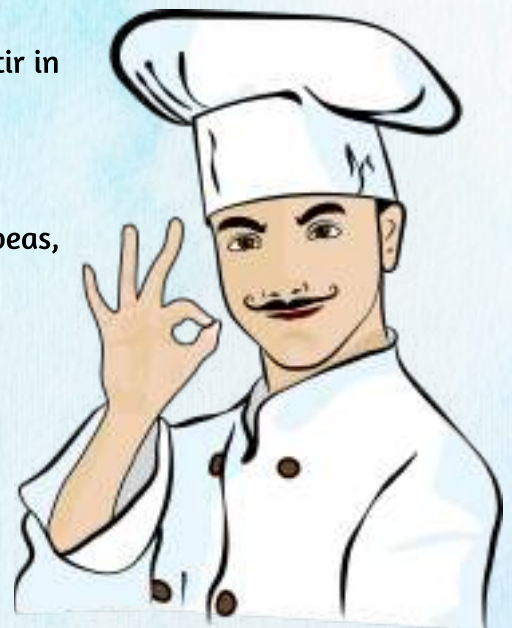


Apoorva Krishna, 8



## Direction of Making the Recipe

- Heat the oil in a wok over medium heat.
- Sauté the garlic and green chili for 30 seconds, and then stir in onions and ginger
- Cook until onions turn golden brown
- Add tomatoes, and cook until tomatoes become soft
- Add all the vegetables like in cauliflower, cabbage, peas, carrots and potatoes
- Season with pav bhaji masala.
- Cover and cook for 15 minutes, stirring occasionally
- Add salt as per taste
- Add lemon juice for tangy flavour
- Toast the bread, and spread them lightly with butter.
- Garnish with chopped onion, green chili and cilantro.
- Yummy Pav Bhaji is ready to serve





# One of a Kind

The morning sun begins to rise,  
Books and dreams before our eyes;  
Rushing out to catch the day,  
Learning things in every way.

Pens and pencils, paper too;  
Lessons fresh and bright, it's true.  
Friends beside us, hands to lend,  
A bond of trust that doesn't bend.

Chalkboard full of facts to see.  
Shapes and numbers, history, geography,  
Teachers guide with care and grace,  
Helping us to find our place.

Breaks are filled with laughter and cheer,  
Lunch with friends we hold so dear.  
Moments small, but hearts so wide,  
In this journey, side by side.

Sometimes hard, the tests and grades,  
But effort blooms, the fear soon fades.  
Mistakes we make, yet we grow,  
Through trials, the best we know.

Dreams take shape with each new day,  
Each steps to guide us on our way.  
Hopeful hearts with futures bright,  
A world ahead, a shining light.

So cherish now, these fleeting years,  
The joys, the struggles, and the tears.  
For, student life, a precious time,  
A journey so sweet, a climb divine.

Forever engraved in memory's book,  
With every step and every look.  
The lessons learned, the friends we find,  
The heart of a student is one of a kind.



Rishit Barnwal, 8



## Let's Start to Fly

Aadya Deep, 8

I know I am the best,  
But people suggest:  
'Don't do this, don't do that.'

One day, I sat and thought:  
Why should girls accept this cage?  
Why do they suffer at every life stage?

Thousands of girls are out there,  
Who can't say what they face.  
But they have to stay strong  
In all their steps, in every case.

Girls! You can do it.  
Believe in yourself.  
You have to show it!  
Do whatever you want,  
There is nothing you can't.  
You have to stand up and say;  
"I am the Best – Hurray!"

But here, I must say:  
My parents show me the way.  
Your hand is your wing;  
Girls can do anything.  
Let's start to fly-  
Say your fear - goodbye.





# Overcoming

In life, there are people who hurt you.  
Spend more time with those who love you.  
You will make mistakes,  
Mistakes are ammunition  
Against future catastrophes.  
You may have regrets,  
Unless you can get time back.  
Focus on happiness now  
You may lose people you love.  
Pour that love on the people who need it.  
Obstacles are challenges,  
That sharpen your motivation and mind.  
You may have worries that hold you back,

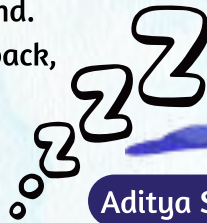


Raj Lakshmi, 8

Every fear you overcome,  
Makes you stronger and better,  
Than yesterday.  
And you know,  
You are overcoming.



# Goodnight Sleep



Aditya Sagar, 8

Once there was a city where no one slept. In the day time, fathers went to work, mothers cooked food, and the children went to school. But at night, when it was time to sleep, although everyone went to their beds, they could never sleep.

No matter how hard they tried to sleep, it was not possible for these people to sleep even for a minute. So they used to tell each other stories at night. But after a while they felt tired of talking. They again laid down but still they could not sleep.

After many months of sleepless nights, they thought of taking help. The elders of the city went to see Mr. Knight. He was the oldest man in the city. And he was the only person who could sleep. One of them said to him, "Mr. Knight, please help us. We all want to sleep but it is impossible for us".

Mr. Knight was a generous man. He promised the men to find them a solution soon. That evening he went to a nearby stream where he saw a glow-worm. He called out to the worm, "You had given me pollens from your wings when I was young. And I have been sleeping soundly since then. Can you please give some more pollens so that I could help the other people of the city?"

The glow-worm was a helping bug. He immediately lifted up his wings and brushed off some pollens on a leaf. Mr. Knight quickly collected them and gave them to the men of the city. He said, "Rub this pollen on everyone's eyes."

They did as Mr. Knight had told them. And from that day onwards, everyone in the city was able to have a good night's sleep. All of them thanked Mr. Knight and lived happily ever after.





# BOOKS VS EBOOKS:

## WHICH ONE SUITS YOU BEST?

The discussion surrounding traditional books versus eBooks has gained significant traction in our digital age. Each format has its own distinct charm, and the decision often comes down to individual preferences and lifestyle choices. By exploring their pros and cons, we can gain a clearer picture of what makes each option appealing.



Traditional books provide a sensory experience that eBooks simply can't match. The sensation of flipping through pages, the sound of paper, and the unique aroma of both new and old books create a nostalgic connection. Unlike screens, physical books don't cause eye strain, allowing for hours of comfortable reading. They also don't depend on batteries or technology, making them a dependable choice for any setting. For many, the visual appeal of physical books is also significant; they can be collected, showcased, and handed down through generations. However, they can be cumbersome and heavy, which may not be ideal for those who travel frequently. Additionally, they tend to be pricier than eBooks, and their production can have environmental consequences due to paper use.

Conversely, eBooks represent ultimate convenience. A single device can store thousands of titles, making them perfect for readers on the go. They can be downloaded in an instant, saving both time and hassle. Furthermore, eBooks come with features like adjustable font sizes, background lighting, and text-to-speech options, catering to a variety of reading preferences. They are generally more budget-friendly than physical books, with many classics available for free. Environmentally, eBooks are a more sustainable choice as they conserve paper and minimize physical waste. However, extended reading on screens can cause eye strain and fatigue. Additionally, eBooks depend on devices that need power and can encounter technical problems. For some, the absence of a physical object and the emotional connection it brings can be a notable downside.

Choosing between books and eBooks ultimately depends on your priorities. If you value the sensory experience of holding a book and prefer a screen-free escape, traditional books might be your go-to option. If convenience, cost-effectiveness, and portability are your priorities, eBooks provide a practical alternative. Many readers find a balance between the two, enjoying the timeless charm of physical books at home while relying on eBooks for their convenience during travel or commutes.

In the end, both traditional books and eBooks enrich our lives in unique ways. The key is to embrace what works best for your needs, combining the strengths of both formats for a fulfilling reading experience.





# LITERA VALLEY SCHOOL, PATNA:

## A BEACON OF EXCELLENCE IN EDUCATION

Anmol Kr Singh, 8

Litera Valley School, located in Patna, Bihar, is a prominent educational institution that has garnered attention for its commitment to providing quality education. Established with a vision to nurture holistic development in students, the school offers a comprehensive curriculum that emphasizes academic excellence, co-curricular activities, and character building.

The school follows the CBSE (Central Board of Secondary Education) curriculum, offering classes from kindergarten to the senior secondary level. With state-of-the-art infrastructure, Litera Valley School boasts of modern classrooms, science and computer labs, a library, sports facilities, and dedicated spaces for arts and culture. This ensures that students have access to all the resources necessary to excel in academics as well as extracurricular pursuits.

One of the standout features of Litera Valley School is its focus on developing well-rounded individuals. The school organizes a variety of activities, including sports, debates, cultural events, and community service, fostering a sense of responsibility and teamwork. Additionally, the institution emphasizes the importance of life skills, leadership, and ethical values, preparing students for future challenges.

Highly qualified and experienced faculty members guide students with personalised attention, ensuring their academic and emotional well-being. Litera Valley School emphasis on innovation in teaching methodologies and the use of technology in education makes it a progressive school.

Overall, Litera Valley School, Patna, stands as a premier educational institution that provides an environment for children to grow academically, socially, and morally, preparing them for success in a globalized world.

## Save Our Earth

Vihaan Rain, 9

The sun shines hot, the Earth feels tired,  
The forests burn, the trees are fired.  
The ice is melting, the seas are high,  
Animals run, the rivers dry.

The Earth is crying, asking for care,  
But we keep polluting, the land and air.  
The weather's changing, storms don't rest,  
Our planet needs us to do our best.

So plant more trees, don't waste or throw,  
Help the Earth heal, let nature grow.  
If we act now, the world can stay,  
A beautiful home for every day.





# TALK TO THE TALENTS

## The Power of German Proficiency: A Journey of Knowledge and Cultural Exploration

We're delighted to announce that Litera Valley School was represented at the prestigious German Scholarship Youth Camp in Dresden, Saxony, Germany. Our revered school is a part of PASCH initiative which connects over 2000 schools from 120 countries placing a high value on German. From July 28<sup>th</sup> to August 17<sup>th</sup>, 2024, 61 talented students from 12 countries gathered for an enriching experience. Our students, Louisha Sinha, Atharva Raj and Sameer Anand engaged in 3 weeks of intensive German classes, followed by a final examination. German Teacher, Mr. Aditya Pathak, who made this possible, also accompanied them. The weekends were filled with exciting excursions, allowing them to discover the Beauty of Germany. And today, we have the great opportunity to interview them and inspire more students to learn and excel in German.

**Diksha:** It is an absolute honour to welcome our esteemed German teacher, Mr. Aditya Pathak, and the three bright students from our school who had the incredible opportunity to visit Germany and participate in an international summit. Their journey is truly inspiring, and we are thrilled to have them here today to share their experiences, insights, and the knowledge they gained during this remarkable trip. I would like to start with Louisha, What was your first impression of Germany and the workshop setting?

**Louisha:** I landed in Munich at first. I noticed that Germany gives a lot of importance to its language and you would hardly find anything in English there, even at airports. Our guest house was located in Dresden, around a peaceful surrounding with a lot of greenery. Germany is a beautiful country that has some breathtaking old architecture with a strange combination of new technology.

**Shraddha:** Sameer, questions for you. Were the workshop activities challenging? How did these inspire you academically or personally?

**Sameer:** The workshop activities were a bit challenging in the beginning. We had to communicate in German with everyone, which was a little tough in the beginning, but after a couple of days I was comfortable in communicating in German.

These activities helped me learn communicating fluently in German and improving my German skill and that helped me in qualifying German A2 exam.

**Diksha:** It's great to hear how the activities helped improve your German skills! Now Atharva tell me something about the food there? Did you try anything unusual?

**Atharva:** The German taste was a bit unusual to me at first. But then I tried many new things. Eating bread every day was a new task for all of us. I also tried the special German dish like Pretzel, which is a type of baked pastry that is shaped into a knot.

**Shraddha:** What skills or knowledge you gained that could help in your studies, Sameer?



# GERMANY





**Sameer:** There are many skills and knowledge that I gained in Dresden youth camp that will not only help me in studies but also in my personal life. In Germany I learned Graffiti, online magazine making, playing table tennis, painting, crafting, trekking, swimming and many more. The best thing that I observed and learned in Germany was the importance of punctuality. Germans are very punctual in everything they do.

**Diksha:** Lovisha, did you have the chance to interact with students from other countries? How was that experience?

**Lovisha:** Of course, we had a lot of foreign students from various countries. I made many good friends. My roommates were from Mongolia, Poland and New Guinea. I enjoyed exchanging information about our culture and heritage and quite surely bonded over our differences. The best part was that everyone got culture shocks at almost every dinner table conversations. For example, Germans believe that there's no bad weather, just bad clothing! Overall, the camp provided an excellent opportunity for holistic growth.

**Shraddha:** It's great to hear how interacting with students from different countries enriched your experiences and contributed to your growth. Please tell us something about the process of selections to qualify for the workshop, Sameer.

**Sameer:** The selection process started in March, 2024. Our German teacher informed us about the online German interview that we qualified. Then we gave FIT IN DEUTSCH A1 examination in May, in which we had to score sehr gut (very good) marks to qualify for the Dresden youth camp.

**Shraddha:** Thank you for sharing! What would you like to say to the students to inspire them to accept a similar opportunity if received, Lovisha?

**Lovisha:** I would suggest that every student should come out of their comfort zone. It wasn't that easy for me too to spend almost a month in foreign land with new people. But it is our courage to walk up to new horizons that counts. Just be consistent with your skills. It matters more than your talent.

**Diksha:** Thank you to all of you for sharing your amazing experiences. We now turn to Mr. Aditya Pathak, the senior German teacher who accompanied them on this incredible journey. Sir, we're excited to hear your perspective on the trip and the impact it had.





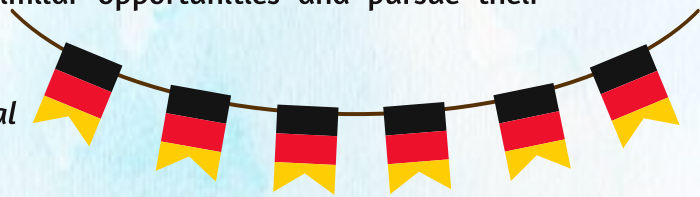
**Shraddha:** Sir please tell us how the workshop was aligned with educational practices, and what stood out as particularly innovative?

**Aditya Sir:** The workshop was well-aligned with educational practices because it emphasized active participation and real-world application of concepts. The use of small group discussions and case studies allowed us to collaborate and analyse problems critically. The instructors ensured that the activities matched clear learning objectives, which made the sessions focused and effective.

What stood out as particularly innovative was the integration of gamified elements, such as interactive problem-solving competitions, which kept participants highly engaged. Additionally, the use of digital collaboration tools like virtual whiteboards and polling apps showcased how technology can enhance the learning experience, making it both dynamic and accessible.

**Shraddha:** Thank you, Aditya Sir, and thank you to all the students for sharing your time and experiences with us today. Your insights have been truly enlightening, and we appreciate the opportunity to hear about this amazing journey. We believe your stories will inspire many students at our school to explore similar opportunities and pursue their passions.

*Interviewed by: Diksha Sahani and Shraddha Aggarwal*  
*Reported by: Priyasi Bhardwaj*



## MAKING WAVES: OUR SWIMMERS DIVE INTO NATIONALS

From humble beginnings to the pinnacle of national competition, the journey of our school's talented swimmers is nothing short of inspiring. Starting with rigorous school practices and dominating inter-school meets, they ascended to district and state-level championships, earning coveted state medals along the way. As Swimming coach Mr Abhishek aptly puts it, "Earning a state medal means no one across the state can beat you." These exceptional athletes were geared up to represent both Litera Valley School and Bihar at the prestigious 68th National School Games Swimming 2024 in Rajkot, Gujarat.

The team departs on November 21, 2024, embarking on a two-day journey before settling in. From November 24 to 30, 2024 they had undergone an intensive training camp to refine their strokes and strategies. Each swimmer brought a unique set of skills to the pool:

- **Pragya Priyadarshini:** 50m Butterfly Stroke, 50m Backstroke
- **Arsh Hasan:** 50m Breaststroke, 100m Breaststroke, 50m Backstroke
- **Anika Sharma:** 50m Breaststroke, 100m Breaststroke, 50m Backstroke
- **Ishanvi Sharma:** 50m Freestyle, 50m Butterfly Stroke
- **Palak Saran:** 100m Breaststroke, 50m Breaststroke







**Diksha:** Good morning, everyone! I hope you're all putting in your best effort as you prepare for the upcoming national competition. Our first question is for Palak. Competing at nationals is a huge achievement! What went through your mind when you first found out that you were selected?

**Palak:** When I started the first round, I honestly didn't think I would make it to the national level. I was nervous and unsure of myself, thinking that maybe I wouldn't be good enough. But as the rounds went on, I just kept going, one step at a time. When I found out I had been selected, I was really surprised and a bit relieved, but mostly just happy to have made it this far.

**Priyasi:** Arsh tell us, what's one thing you've had to change or improve in your training specifically for nationals?

**Arsh:** For nationals, I focused a lot on improving my breaststroke. I dedicated extra time to practice these small details to make sure I could perform at my best when it matters.

**Diksha:** We're curious to know; who or what has been your biggest motivation on this journey to the national level, Pragya?

**Pragya:** My biggest motivation has always been my father. He has supported me through everything, always encouraging me to push harder and never give up. Apart from him, our swimming coach, Abhishek Sir, has been a huge inspiration as well. His guidance and belief in me have kept me going, especially during the tough times.

**Priyasi:** Our next set of questions is especially to Anika and Ishanvi. The first question is for Anika; competing alongside each other at nationals must be unique—how does your bond influence your performance?

**Anika:** Competing alongside my sister isn't chaotic or tough for me, but yes, there are times when I do feel nervous, especially during the competition. But it all comes down to self-esteem and confidence. You just have to focus on completing the round and hope for the best aiming for a place in the top three.

**Diksha:** Ishanvi, do you have any pre-race rituals or routines you share to stay focused or calm?



**Ishanvi:** Yes, we do have some routines. After our practice sessions, we do some splits to keep our bodies warmed up. We also focus on certain exercises to stay calm and focused before the race.

**Diksha:** Our next question is for all of you; could you share a little about your swimming journey and how you got started?

**Ishanvi:** I started my swimming journey just for fun, and also to learn how to save myself in the water.

**Anika:** I started swimming because I wanted to gain confidence, especially in swimming itself.

**Ishanvi:** We participated in competitions to gain speed in swimming and improve our overall performance.

**Anika:** We just used to play, but then our coach told us that we could do better in swimming. So, we started practicing and joined our school's swimming team.

Interviewed by: Diksha Sahani & Priyasi Bhardwaj

Reported by: Priyasi Bhardwaj & Arnau Raj

## SUDOKU PUZZLE

Solution of the October & November Edition

4	9	3	8	7	5	1	2	6
8	7	1	3	6	2	4	5	9
5	2	6	1	4	9	7	8	3
2	5	4	6	8	3	9	1	7
9	1	7	2	5	4	3	6	8
3	6	8	9	1	7	5	4	2
7	8	5	4	3	6	2	9	1
6	3	9	5	2	1	8	7	4
1	4	2	7	9	8	6	3	5



Abhyuday





कुल वधू का अपमान समक्ष मेरे हो रहा था,  
स्त्री के सम्मान में युद्ध वहाँ छिड़ गया,  
कुरुक्षेत्र की वो भूमि भी जहाँ भाई-भाई भिड़ गया।  
मैं नहीं जानता झूठा था या सच्चा था,  
परंतु उस युद्ध में मरा हर एक मेरा बच्चा था।  
क्रोध से मेरे काँपते धरती-आसमान थे,  
मेरी वीरता से अवगत स्वयं परशुराम थे।  
साथ धर्म के होकर भी था अधर्म को जीताना  
समाप्त कर देता महाभारत को अकेले ही  
मैं वही भीष्म पितामह।

आकाश तले पल भर सोचा  
शैतान बड़ा या इंसान है?  
इंसानियत को यही तोड़ रहा,  
प्रकृति पर विराम है।

आकाश तले पल भर सोचा  
मृत्यु से बड़ा कोई सच है क्या?  
परंतु इसको झूठ ठहरा,  
इंसान, अंधकार में जी रहा।

आकाश फटा व्यक्तित्व मिटा  
फिर भी बैठे में सोच रहा,  
जिन्दगी का चक्र है बहुत बड़ा  
जिन्दगी का चक्र है बहुत बड़ा।





## नारी सशक्तीकरण

मनीषा सोनी, विज्ञान विभाग

सदियों से देखा तूने,  
मारे जाने कितने ताने,  
कितने ही अत्याचार किए,  
सिर्फ नारी को लाचार किए।  
देवी, दुर्गा, सरस्वती कह  
आडंबरों में जकड़ दिया,  
हे समाज! तुमने नारी को  
स्वतंत्र नहीं परतंत्र किया।

पर अब नहीं,  
पर अब नहीं,  
अब बदल गई पहचान मेरी।  
लिपटी तो आज भी साड़ी में,  
पर लौट आई है जान मेरी।

बेजान बना जिसे,  
हर पल तूने रौंदा था,  
तेरे अत्याचार से  
आसमान भी कौंधा था।  
शिक्षा का दीप ज्यों प्रज्वलित हुआ,  
मन में आशा पल्लवित हुआ,  
तोड़ कर पिंजड़ा आडंबरों का।

मैं तो अब उड़ जाऊँगी,  
कितनी भी बंदिशें लगा।  
अपनी जगह बनाऊँगी,  
मेरी भी पहचान होगी,  
आन-बान और शान होगी।

अपनी पहचान बनाने को,  
हे नारी! तुझे लड़ना होगा,  
इस समाज के ताने को,  
हँस कर अब न सहना होगा।  
तूफानों में तुझ को,  
अपनी राह बनानी होगी,  
नारी सशक्तीकरण की परिभाषा,  
कागज से उतार,  
समाज में लानी होगी।





## राग-भूपाली ( छोटा ख्याल )

राग भूपाली कल्याण ठाठ से उत्पन्न हुआ है। यह बहुत ही आसान एवं मधुर राग है, जिसके आरोह तथा अवरोह दोनों में पांच स्वर हैं। अर्थात्, मध्यम तथा निषाद स्वर वर्जित हैं। अतः, इसकी जाति औड़व-औड़व है। इसका सामान्य परिचय नीचे दिया जा रहा है, जिसके पश्चात् तीन ताल में छोटा ख्याल की बंदिश की संपूर्ण स्वर लिपि आलाप तथा तान सहित दी जा रही है। इसी बंदिश के क्रियात्मक प्रदर्शन के लिये साथ में उपलब्ध सी.डी. को सुनें।

### राग परिचय

ठाठ - कल्याण

वादी स्वर - गंधार

सम्वादी स्वर - धैवत

गायन समय - रात्रि का प्रथम प्रहर

जाति - औड़व-औड़व

राग भूपाली के वर्जित स्वर - मध्यम एवं निषाद

आरोह - सा रे ग, प ध, सां

अवरोह - सां ध प ग रे सा

पकड़ - ग, रे, सा, ध, सा रे, ग, प ग, ध प ग, रे सा

### बंदिश ( छोटा ख्याल )

ताल - तीन ताल ( 16 मात्रा )

#### स्थायी

दरशन दीजे त्रिभुवन पाली

त्रिभुवन नायक बहुसुख दायक

बिलम करो मत हाली

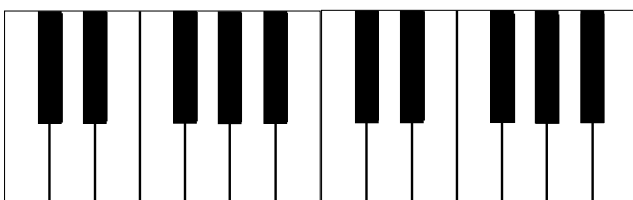
#### अंतरा

अति उदार गत अगम निगम के

रसिकन के रस ख्याली

सिरी कमलापति बृज के वासी

कर खुशाल प्रतिपाली







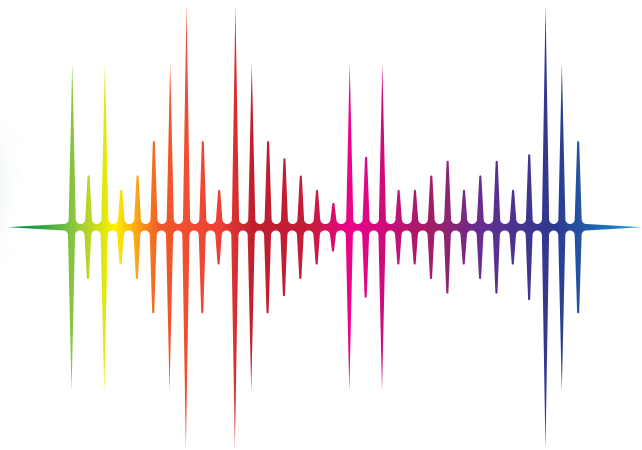
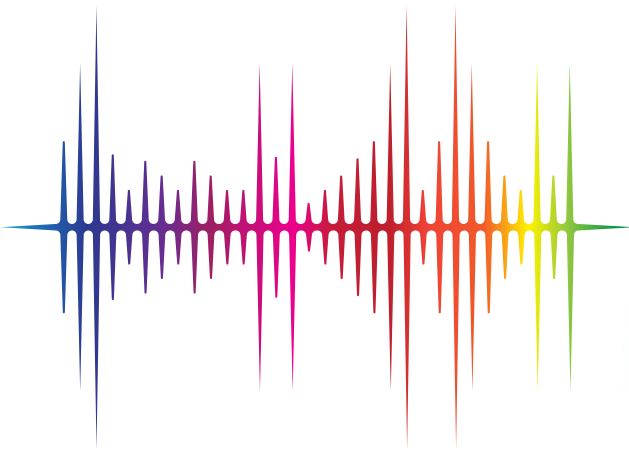
## स्वरलिपि

### स्थायी

9	10	11	12	13	14	15	16	1	2	3	4	5	6	7	8
सां	सां	ध	प	ग	रे	सा	-	सा	ध	सा	रे	ग	-	ग	-
द	र	श	न	दी	ऽ	जे	ऽ	त्रि	भु	व	न	पा	ऽ	ली	ऽ
0				3				X				2			
प	प	प		प		सां		ध				ध	सां		
ग	ग	ग	रे	ग	प	ध	ध	सां	सां	सां	सां	सां	रे	सां	सां
त्रि	भु	व	न	ना	ऽ	य	क	ब	हु	सु	ख	दा	ऽ	य	क
0				3				X				2			
ध				रे				पध	सारि	गरे	सांसां	पध	सांसां	धप	गरे
सां	सां	रे	रे	ध	-	सां	सां	हाऽ	ऽऽ	ऽऽ	ऽऽ	ऽऽ	ऽऽ	ऽऽ	लीऽ
बि	ल	म	क	रो	ऽ	म	त	X				2			
0				3											
रे				ग	रे	सा	-								
सां	सां	ध	प	दी	ऽ	जे	ऽ								
द	र	श	न	3											
0															

### अन्तरा

ग				ध				सां	सां	सां	सां	सां	रे	सां	-
प	प	ग	प	-	प	सां	ध	अ	ग	म	नि	ग	म	के	ऽ
अ	ति	उ	दा	ऽ	र	ग	त	X				2			
0				3											
ध	सां			सां	-	रे	रे	ध				ध			
सां	सां	ध	ध	सां	ऽ	र	स	सां	रे	गं	रे	सां	रे	सां	ध
र	सि	क	न	के	ऽ	र	स	ख्या	ऽ	ऽ	ऽ	ऽ	ऽ	ली	ऽ
0				3				X				2			







दरशन दीजे त्रिभुवन पाली

	0				3					X					2				
1.	सा	-	रे	-	ग	-	-	-	-	ग	-	रे	-	-	सा	ध	सा	-	-
2.	सा	-	रे	-	ग	-	-	-	-	प	-	-	-	-	ग	-	-	-	-
	प	-	ग	-	रे	-	-	-	-	सा	-	ध	-	-	सा	-	-	-	-
3.	ग	रे	प	-	ग	-	-	-	-	ध	प	ग	रे	-	ग	रे	सा	-	-
4.	ग	रे	ग	-	प	-	-	-	-	ग	प	ध	-	-	सां	-	-	-	-

अति उदार गत अगम निगम के

0	3	X	2
सां - - -	सां - सां -	ग प ध -	सां - - -

दरशन दीजे

	x				2			
1.	सारे	गप	धसां	धप	गप	धप	गरे	सा-
2.	सारे	गप	धसां	रेंसं	धप	गरे	गरे	सा-
3.	सारे	गरे	गप	गप	धसां	धप	गरे	सा-
4.	गरे	गप	धसां	धप	गप	धप	गरे	सा-
5.	सारे	गप	धसां	रेंसां	रेंसां	धप	गरे	सा-





# Appreciation for the valuable Contribution as a team for LITERATI- Online Creative Magazine



*Desmond Jude D'Monte*  
*Principal*



*Aparijita Bakshi*  
*Chief Editor (Hindi)*



*Ayushi Mehrotra*  
*Editor*



*Ashok Jha*  
*Editor*



*Monica*  
*Member*



*Priya Sinha*  
*Member*



*Pradeep Kr Deepak*  
*Photography*

## Student Members:



*Priyashi Bharadwaj*  
*Student Member*



*Diksha Sahani*  
*Student Member*



*Arnav Raj*  
*Student Member*



*Prateek*  
*Student Member*



*Aditya Kumar Azad*  
*Student Member*